Tap into your "ITIRIUISIT" frumdl



By Colleen Laukka



Oh noble woman rise and take your rightful place in this world. Rise up noble woman and lead with love, walk in power, and grow in grace.



OH, NOBLE WOMAN ...

IT IS TIME! ARE YOU READY ...

To feel Empowered and Valued for who you are . . . today!

You know . . . not waiting for the proverbial someday to feel good about yourself

Ready to Appreciate the Value of YOU?

The Value of Loving you & The Value of Being you?

It all begins with T.R.U.S.T.

T oday
R elax (into the)
U ltimate
S pirit (of)
T ruth

And that "ultimate truth" is: That YOU are, in ALL-Ways loved, guided and supported. . . to be YOU!





is the key that unlocks the door to your dreams.

Trust Yourself - Trust Your Dreams - Trust Your God

Trust Yourself

God has fashioned the perfect set of tools for you and placed them in your Trust Fund. He has done His job and is waiting on you to discover the treasures that reside at your fingertips.

You have everything that it takes to make your dreams come true.

But we often overlook our "backyard treasures", the jewels of our intrinsic gifts, and shelve them as ordinary, when all along they hold the magic to make our dreams come true.

My Top Five Intrinsic Gifts Are:

(Hint: Your intrinsic gifts have been brought to your attention numerous times through compliments and comments of others.)

Are you a Good Listener? Compassionate? Easy Going? Intuitive? Smart? Creative? Good Dresser? Musical? People Person? Technical Person

1.	
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3.	
4.	
5.	



Trust Your Dreams

"Dreams come a size too big so that we can grow into them." ~Josie Bisset



What is your heart calling you to do, to be, to learn? Trust these and know that they are revealing the dreams of your soul.

Your dreams can seem like lofty imaginings, nothing more than enticements of the dark. But your dreams are the blueprints of your life calling you to action.

If you convince yourself that they are only dreams, you will roll the blueprints up and stick them under your bed and fall back asleep.

But if you become still, you can hear the words of an ancient master whispering in your ear, "Awake, thou sleeper; arise and take on my glory."

Trust your dreams, for they are casting magic on the darkest of your nights, illuminating your potential, and beckoning you to discover your fullness.

My Top Five Dreams Are:

1.			
2.			
3.			
4.		 	
5.			

Match your dreams to your intrinsic gifts (the gifts that you recorded on the previous page) and see the "assets" you already possess to fulfill your dreams.

My Dreams	My Intrinsic Gifts

Trust Your Higher Power



"Grace is an energy; not a mere sentiment; not a mere thought of the almighty: not even a word of the almighty. It is a real energy as the energy of electricity. It is a divine energy, it is the energy of the divine affection rolling in plenteousness toward the shores of human need"

~Benjamin Jowett 1817-1893



We build trust when we experience the integrous nature of another over and over and over again. The sun, through our experience, has proven that it will rise every morning, and we can with all confidence say we trust that the sun will rise tomorrow.

If we desire to wholly trust our Higher Power, we must experience the presence of God over and over again by taking time each day to nurture a relationship of the highest caliber.

If you are not experiencing a rich, vital, and clear connection with the Divine, someone has severed the cord... that one is you.

Spending time with The Love of the Ages expands your heart and increases your capacity to receive.

Spending time with The Great Healer washes away your thoughts of lack, limitation, unworthiness, and competition.

Spending time with The Light illuminates the truth of who you are so you can stand victorious over self-doubt, and claim your abundance.

Spending time with The Gracious frees the flow of abundant love, connection, resources, opportunities and ideas.

This practice in turn opens you to the very same power of creation, which created the world, allowing you to enjoy abundance on every front.

Schedule your daily time with your Higher Power:

Time of Day	Amount of Time	The Place

Within YOU is your most valuable asset, your so-called Fortune 500 Company. Within you wells the richness of resources and ideas and creativity. It is where the richness of love and connection begins. Within you, you will find your treasure beyond measure, a perpetual fund that never diminishes, funded by the Source of all.

Claim the gifts of your heart! Claim your inheritance...after all, it is your birthright.



If you want to stake a claim on the frontier of your dreams, you need to put down your stakes and start to build on this pristine piece of property that is waiting for your ownership.

No one can steal your dream and build the empire that your heart is calling you to build. It will always be there waiting for you to claim, but the secret is...YOU have to CLAIM IT!

Otherwise it goes undiscovered, uncharted and unused; a land that no one will ever cultivate unless you have the courage to lay down your own foundation.

Claim the freedom! Claim the freedom to be! Claim the freedom to be you... personified!

Each day trust and celebrate you by taking inspired steps in the direction of your dreams. With each inspired step, the grandest vision of you will begin to unfold.

Pick one of your top five dreams that you want to start building. The first dream I choose to begin to build on is:

The first five steps that I will take to begin to build my dream are:

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Ι.		

- 2. _____
- 3. _____
- 4. _____
- 5.



"We can only be said to be alive in those moments when our hearts are conscious of our treasures"

~Thornton Wilder



Dreams create an internal combustion that expands your energy out beyond your limitations and allows you to float, even for a moment, in the land of infinite possibilities.

Dreams awaken your senses and give your heart wings to soar. Dreams revitalize, energize and biggie-size your possibilities. Live in the same energy you dream in. Luxuriate in your moments and live in your dream energy, this will allow you to feel the buoyancy of being, expansive and joyful and excited about life and your infinite possibilities.

You will always be giving birth to new dreams, but they are not the goal. The goal is to LIVE a rich and vital existence NOW, in this very moment.

The Top Five Things That I Can Do That Make Me Feel Dreamy Are:

A Few Dreamy Suggestions:

Send an encouraging text message to everyone in your phone. It will lift your spirits as they start responding/	Get a collection of funny movies don't forget Monty Python, What about Bob?, and Weekend at Bernies.
Watch Susan Boyle on YouTube and become inspired to reach your greatness too!	Do a .alking meditation and count your blessings with each step.
Create an affirmation jar full of inspirational reminders about how amazing you are. Put it in the kitchen where you can nourish yourself with love instead of filling yourself with calories,	Create your own "Red Book" like Carl Jung's and fill it only with your mystical, inspirational and spiritual awakenings. Add calligraphy, drawings, your dreams, and your writings.
Buy some fun or funky slippers and christen them your "Soul Slippers." Grant them the power to give you that cozy feeling of "being home," warming your heart and lightening your load.	Be Pollyana today, and buy a crystal to hang in a sunny window and look for the pot of gold in every rainbow.



Each of us is an integral part of the mysterious puzzle of existence. Each of us is shaped to perfection to fit a spot that only we can fill.

It is up to us to bring forth our pieces of perfection, and unveil our mystery to complete the glory of life.

Life itself is calling you to expand beyond your borders and increase your capacity to receive on every level of your being, so you can share with the world from your abundance.

Your treasures help to bring to pass a picture perfect world, because you and your dreams are the missing pieces needed to complete the fullness of life. The Top Five Things That I Can Do to Share My "Pieces of Perfection" With The World: (Hint...The smallest act done with love is a priceless treasure.)

1.	 	
2.	 	
3.	 	
4.		
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A Million Dollar Thought:

Money isn't the answer to our question of how to live a life of fulfillment. Money can never fill the void. Only by tapping into our heart's longings and finding our inner resources of power and co-creation to nurture the life of our dreams will true fulfillment occur.



Trust in God for great things. With your five loaves and two fishes He will show you a way to feed thousands.

~Horace Bushnell



Rise up Noble Woman

and

Trust Yourself

Your Dreams

and

Your God!

I am here:

If you would like an Intuitive Soul Blessing to further assist you in tapping into your "Trust" Fund contact me at http://www.colleenlaukka.com/